

BASICS

Remind yourself of the sensation of the springiness of the string:

Exercise 3

Quickly release to a harmonic. Then very slowly stop the string until the note is pure, experimenting to find the least possible finger-pressure:

Another quick thing to do is to play a few notes heavily with the bow, but to start with too-light left fingers so that the tone is entirely distorted. Gradually add more weight in each finger until the tone is pure, but without the string ending up touching the fingerboard:

Exercise 4

Finger-pressure as for harmonics (distorted tone) 1/4 finger-pressure

Practise trills, setting the metronome to a quaver click:

Exercise 5

Continue the same finger pattern (12, 13, 14, 23, 24, 34) adding two, three and four notes to build the trills:

Next month's Basics continues with warming up the right hand and arm