

Exercise 2. □ = Square finger ◇ = Extended finger. Repeat each bar several times. **First two lines:** keep the hand still, resting it on the finger that plays the second and fourth notes. Move the other finger from square to extended. **Last two lines:** feel the hand position resting on the finger that plays the first and third notes (hold this finger down), moving only the other finger not the hand. Also play on the other strings.

Solid détaché $\text{♩} = 60$

Exercise 3. Keep the hand still and only change the shape of the fingers. Also play on the other strings.

Spiccato $\text{♩} = 60$

Exercise 4. Keep the hand still and only change the shape of the fingers. Continue up to 5th or 6th position.

Next month's BASICS looks at chord playing, with two exercises for smooth string crossings.